



REPORT BY  
MSP ADVISORY BOARD  
(MSPAB)  
&  
MSP UNAUDITED FINANCIAL  
STATEMENTS FOR THE YEAR  
ENDED 31 MARCH 2019

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## FOREWORD MSP ADVISORY BOARD CHAIR, CAMERON JONES

'A year of very solid delivery against a backdrop of change' is how I'd describe 2019. It's a description which I'm sure you'll agree with as you read the financial statements for the year ended 31<sup>st</sup> March 2019, which I present on behalf of the MSP Advisory Board Members (BMs). The BMs have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005, in line with Tier 3 of 'A Code for Sports Governance'.

As an 'Active Partnership' which is majority National Lottery funded through Sport England, MSP has continued to align with Sport England's strategy, 'Towards an Active Nation', with key focus on inactive and under-represented groups.

The scale of the challenge in the Liverpool City Region (LCR) is shown below:

- **26.9%** of people aged 16+ years across the LCR doing less than 30 minutes of moderate activity per week, equating to 338,204 people classed as inactive.<sup>1</sup>
- **94%** of 65+ year olds that are in the inactive category doing no physical activity at all during a week.<sup>2</sup> This equates to 267,802, 65+ year olds doing 0 minutes of physical activity per week across the LCR.<sup>3</sup>
- **91%** of children aged 2-4 years not meeting the Chief Medical Officers' physical activity guidelines for their age group of three hours per day. 84% participated in less than 1 hour per day.<sup>4</sup> That equated to 46,308 children aged 2-4 years who failed to meet physical activity guidelines across the LCR.<sup>3</sup>
- only **19.4%** of 5-16 year-olds were sufficiently active<sup>5,6</sup>
- a worrying **32.8%** of 5-16 year-olds were classed as inactive<sup>5,6</sup>

That said, I'm pleased to report that clear impact against the needs of the LCR was evident throughout the period to 31<sup>st</sup> March 2019, based on MSP's work with children and young people, adults, plus the sport and physical activity workforce. In this document we share some of the highlights of the year with you, including case studies on key pieces of work, details of a landmark accreditation and observations from our annual customer satisfaction survey. I'm sure you will agree that there have been some fantastic results and outcomes there for the Liverpool City Region, with much to build on in 2019/20.

Going forward, in next year's report we plan to include a 'You Said, We Did' section, to demonstrate how we have taken on board key suggestions made by our network in this year's partner satisfaction survey and put them into action.

Lastly, it remains for me to personally thank the following people for their hard work and achievements during 2018/19: Jean Stephens, MSP Director, who stepped down to take on a new challenge after more than 20 years with MSP; Kerry Stewart, who has done an excellent job as Interim Director following Jean's departure; plus the wider MSP team and board for their passion and dedication.

I look forward to supporting MSP over the next 12 months as it continues its commitment to work towards 5 key outcomes, which will improve the quality of life for people in the Liverpool City Region by ensuring that:

- Lives are Enriched
- Wellbeing is Improved
- Skills for Life are Developed
- The Economy is Enhanced
- Communities and Networks are Strengthened

For further information about MSP you may also like to visit:

[MSP Strategy 2017-2022](#)  
[MSP Governance Arrangement](#)  
[MSP Board Terms of Reference](#)  
[Meet MSP Board Members](#)  
[Meet MSP Team](#)

**Best wishes**



**Cameron Jones**  
**Chair, MSP Advisory Board**

References:

1. Sport England (2017) Active Lives Survey: Sport and Physical Activity Levels amongst adults aged 16+, October 2017, available at: [http://www.sportengland.org/media/12451/tables-1-4\\_levels-of-activity.xlsx](http://www.sportengland.org/media/12451/tables-1-4_levels-of-activity.xlsx)
2. Sport England (2015) Active People Survey Interactive, available at: <http://activepeople.sportengland.org/>
3. ONS (2016) 2014-based Subnational Population Projections for Local Authorities and Higher Administrative Areas in England, available at: <https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationprojections/datasets/localauthoritiesinenglandtable2>
4. British Heart Foundation (2016) The Best Start in Life: A Manifesto for Physical Activity in the Early Years, Leicester: Loughborough University
5. Sport England (2018) Active Lives Children and Young People Survey
6. 'Sufficiently active' and 'inactive' terms based on Chief Medical Officer's guidelines which state '*All children and young people should engage in moderate to vigorous intensity physical activity for at least 60 minutes and up to several hours every day*', with statistics based on the available data for the LCR in source 5.

## IMPACT CASE STUDIES

### SCHOOL GAMES:

Setting up physical activity habits for life and building well-rounded adults of the future.

#### OUTCOMES:

Lives Enriched and Wellbeing Improved



The School Games, which is funded by Sport England and delivered by the Youth Sport Trust, is a government led programme designed to deliver competitive school sport to all young people.

MSP recognises that this fully-inclusive programme offers many benefits for children and young people, not just within sport itself, but in their wider academic and adult life. It's why we're pleased to deliver the Level 3 School Games in Merseyside on behalf of Sport England and the Youth Sport Trust, in partnership with a network of School Games Organisers.

The School Games programme is underpinned by 6 values, which it aims to instil in young people: determination, honesty, passion, respect, self-belief, and teamwork.

We have delivered the programme now for a number of years and each year look to evolve it to keep up with the changing needs of children and young people.

For 2018/19 there has been a greater focus on the enjoyment of participation and inclusivity rather than simply offering 'best-of-the-best' competition. The intention has been to enable a broader spectrum of children to gain a positive experience of sport and physical activity, setting them up for active lives as adults.

This year has seen the 'Developmental' sports strand really take off – this strand of the programme offers chance for children of all levels to experience sports in an environment focussed on appropriate-level competition that they may perhaps not have otherwise had the chance to enjoy.

#### **John Foster from the Rugby Football Union (RFU), one of the partner organisations involved in delivering the Developmental strand spoke about its success:**

*"From an RFU perspective, I've been extremely pleased with the results in this first year of taking the 'Developmental' sport route to the Level 3 School Games. This approach has allowed us to engage very successfully with a large number of young players of differing ability levels, with 25 teams taking part on the day as part of a waterfall festival. It's also seen us recruit around 28 new players into clubs in the sport, in the process of delivering the qualifiers in the lead up to the event."*

In addition, 2018/19 has seen the first ever 'Spirit of the Games' event take place. This pilot involved MSP working with Liverpool John Moore's University sport students, to provide a day for those schools/pupils that are not engaged in the School Games or interested in physical activity within school.

The event format featured stations relating to the School Games values, devised by students to ensure they were about the pupils achieving their personal best.

### **The Spirit of the Games event involved:**

- 7 schools
- 104 participants
- 14 students

### **The Summer Festival 2018 element of the School Games involved:**

- 17 sports across 33 competitions
- 4194 participants
- 114 young leaders, recruited to help run and referee a variety of sports
- 14 adult volunteers

### **The Winter Festival elements included:**

- 5 sports
- 4 venues
- 108 schools
- 1481 participants
- 37 young leaders

Feedback surveys were provided to all school team managers to complete, with one particular team manager's comments being indicative of the many positives highlighted across the piece.

*"An amazing experience for the children, from the qualifying tournament in March to the day at Wavertree"*

[To get a flavour of the experience offered to children and young people watch the School Games in Merseyside 2018 Summer Festival Highlights video.](#)

## **SATELLITE CLUBS**

### **Ensuring the transition from active childhood to active adulthood**

#### **OUTCOMES:**

#### **Communities & Networks Strengthened, Lives Enriched and Wellbeing Improved**

Satellite clubs is a major Sport England programme for children and young people. It aims to make it easier for young people (aged 14-19 years) to get active, and stay active by creating new sports clubs and sustainable activities. MSP has positioned satellite clubs to be:

- designed to get young people active and create regular activity habits
- young people (customer) led including involving young people in co-creation
- enjoyable, appealing and convenient
- positioned to be able to support young people at points of disruption in their lives

**Traditional satellite clubs:** Aimed at irregularly active young people with an interest in sport who need a little extra help to become active. These clubs offer fun, social places for young people to play sport or be active without the pressure to compete or attend multiple training sessions a week; making them easy and attractive to attend.

**Targeted satellite clubs:** Aimed at inactive young people, the focus of the sessions is to use physical activity as a tool to build stability in complex lives whilst creating habits for active lives: for example, reducing social isolation, increasing employability skills, improving health and/or mental wellbeing. Targeted at specific groups of young people that have more barriers to being active than their peers such as young carers, care leavers, teenage parents, young offenders, those involved in/at risk of substance misuse.

Since the programme began in 2013 over 5000 young people have engaged in 240 newly created clubs; with 134 clubs being sustained and still providing services to young people. MSP's sustain rate is high compared to other Active Partnerships and is testament to the team's hard work.

MSP's progress for 2018-19 is detailed below:

Target description	Target to be achieved by the end of Q4 2018-19	Actual achieved by Q4 2018-19	%
<b>Measure 1</b> The number of 2013-18 satellite clubs sustained (cumulative)	74	93	126%
<b>Measure 2</b> The number of new satellite clubs	27	41	152%
<b>Measure 3</b> The number of new engaged participants	290	794	274%

Demographic targeting of underrepresented groups (for reference only)	%
The % of 2018-19 participants that were female	52%
The % of 2018-19 participants that have a disability	25%
The % of 2018-19 participants that were from a black and ethnic minority group	6%

The proportion of new 2018-19 clubs that are located in the Top 20% IMD* (for reference only)	66 %
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[\\*Find out more about Indices of Multiple Deprivation](#)

#### Success stories:

##### Empire Netball Club

- Started with 5 girls in 2014 has since become a sustained club its own right with over 140 members across junior and senior teams
- Sarah 18, who lacked confidence and self-esteem caused by severe dyslexia has completed umpire and coaching qualifications and now leads sessions for the younger girls and umpires at local netball events
- Emma 14, has anxiety issues, including separation anxiety, club have worked with the family to ease the issues, now happy and confident at sessions, made lots of friends, competes for the junior team and recently won most improved junior player of the year
- Several girls are volunteering to be ball girls at Netball World Cup in Liverpool this summer

##### Chanua Health Ltd

- MSP influenced Chanua (who work on a range of mental health preventative services) to use physical activity as a form of therapy to empower young people to manage their own mental health
- Chanua's service users are often involved in the care system, and/or with social services and the police
- Boxing was initially used with a group of young females to provide a positive outlet for emotion. These participants were at high need of positive support due to their experience of self-harm
- We have since facilitated training for 3 members of staff to become Box Instructors, allowing them to sustain this intervention, and embed boxing activity into their therapeutic programmes

As a result of this mental health programme and MSP's influence with including physical activity as a therapeutic coping strategy, we made a difference in people's lives:

- Chloe, 16, engaged in the boxing sessions and accessed Chanua preventative services. Chloe has since learnt and developed coping mechanisms to self-manage her anxiety. As a result, her self-worth and relationship with her mum at home have both improved
- Two young women have transitioned into foster and care home placements successfully. During the programme they had a lot of disruption with placements, this meant that their

social workers did not bring them to the group for a couple of weeks even though it provided a space for them to express some of the difficulties they were experiencing

- One young person was the victim of a serious assault (unrelated to MSPs activity and programme), however she still engaged well with extra support, and the boxing was crucial to her post trauma therapy
- All participants described feeling safe and that MSPs boxing activity has helped developed relationships between Chana staff and service users.
- Some group members have now got jobs; one is on an access course to study at university, two are back in full time mainstream education, and one is on a new college course studying art
- One young person joined PureGym in Liverpool city centre and another young person who was moved to Sheffield for a care placement was focused on continuing boxing at a Sheffield club

#### **Quotes from recent focus groups with young people attending satellites looking at their 'relationship' with being active:**

- *"Makes you feel more confident and proud of yourself"*
- *"Helped me to lose weight but also not be as bothered about it cos I know I'm fit"*
- *"Don't feel like I have to go it's like you get to go, like you're lucky to have it"*
- *"Like if a game is going bad and you bring it back, it teaches you not to give up helps you to be the same with other things that are going wrong"*
- *"Get to go new places, experiences new things"*
- *"Like telling my parents what I did- boasting about it!"*

#### **Quotes from recent focus groups with young people attending satellites and how it helps with school life:**

- *"Get rid of all my anger towards my GCSE's"*
- *"Feel good at school the next day"*
- *"All stuff that stresses you from school just goes away and just think about what we are doing"*
- *"Loads of friends from different schools so can get away from stress's or problems from that day; get to tell someone else about it that isn't involved"*

In addition to the clubs established by the end of 2018/19 there were already a number of clubs already in the pipeline ready to bring to fruition in 2019/20.

## **SHOP DIRECT GAMES**

### **A showcase event for improved employee health and wellbeing**

#### **OUTCOMES:**

**Economy Enhanced, Lives Enriched and Wellbeing Improved**



Building on the success of our collaboration in 2017 with Shop Direct, to upskill employees to become Physical Activity Champions, in 2018 we helped them develop and deliver their inaugural Shop Direct Games. The event allowed employees from across their Liverpool and Greater Manchester based sites to take part in a multi-sport event and a five-a-side football competition in order to improve their employees' health and wellbeing.

MSP worked with local National Governing Bodies of sport representatives (NGBs) and sports clubs to invite coaches and volunteers to lead inclusive sports tasters. A variety of sports were selected based on participants being able to develop their communication and teamwork skills, taking part in athletics, dodgeball, rugby, softball, tennis and ultimate frisbee – as a result, **89% of participants tried a new sport for the first time.**

Participants were provided with information about how they could carry on playing sports that they had tried in their local community – one employee told us,

*“My experience of taking part was very enjoyable; it’s made me realise that I must give stuff a go and challenge myself. I loved the feeling of what I’d achieved at the end of the day, taking part in sports I would not normally have even given a go. The celebration at the end where everyone got together was very uplifting; I was buzzing for days I took this feeling back to site, telling everyone what a fabulous day we all had!”*

At the end of the event, each participant was presented with a medal and the winning teams from the multi-sports and football competitions with a trophy. Six employees were also picked out with ‘Spirit of the Games’ awards, who were deemed to show great ‘sportsmanship’ and attitude in line with Shop Direct’s core values.

**Gill Appleby (Group Head of Engagement at Shop Direct) said after the event,**

*“MSP has made a massive contribution to our wellbeing strategy. It’s a real partnership, from ideas and inspiration to event support and practical advice. They’ve helped us with simple and sustainable lifestyle changes that anyone can adopt. Their support to deliver our first ever Shop Direct Games, in particular, was invaluable – we’d recommend MSP to any company looking to put more focus on colleague wellbeing.”*

[Watch the highlights video on our YouTube channel.](#)



# THE NORTHWEST NHS GAMES

Supporting stronger team working and a healthy organisation

## OUTCOMES:

Communities & Networks Strengthened, Lives Enriched and Wellbeing Improved

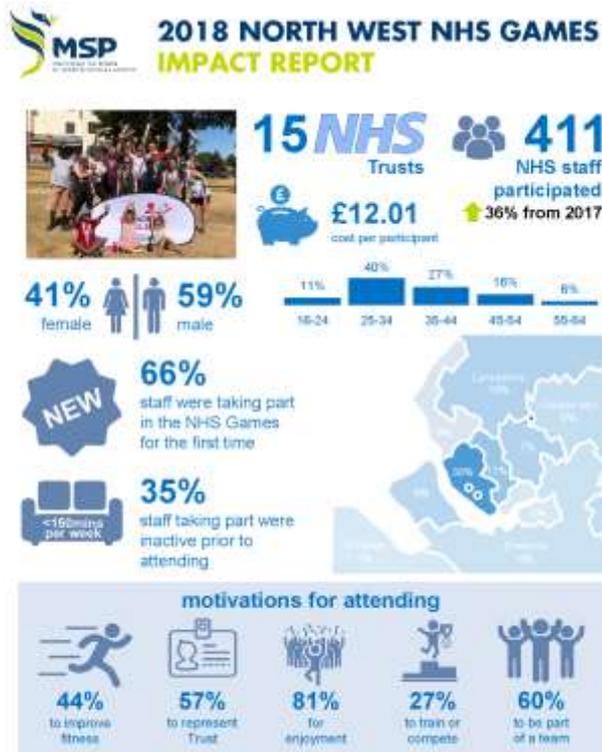
The North West NHS Games is an annual series of events to encourage NHS employees to come together to take part in a series of fun and friendly inter-trust sport competitions. Since 2017 MSP have been commissioned to improve the overall quality and management of the initiative, including improving the participant experience, booking process, engaging with National Governing Bodies for a variety of sports to improve competition formats and evaluating the initiative to work towards further improvement.

All events and activities are inclusive, allowing people of any age, ability or level of fitness to be able to take part. In 2018, NHS employees could take part in a 5k run, 1k family fun run and competitions in badminton, football, golf, netball and rounders. In respect of the 2018 Northwest NHS Games MSP and participating NHS organisations were collectively able to demonstrate that:

- 411 employees took part, an increase of 36% on 2017
- 35% participants were inactive prior to attending
- 82% participants reported that taking part has inspired them to become more active
- Highest ever satisfaction ratings were received

Diane Haddock (Chair of the North West NHS Games and Head of Organisational Health and Effectiveness at Aintree University Hospital NHS Foundation Trust) said,

*“The involvement of MSP has made a phenomenal difference to the quality of delivery and the sustainability of the programme; we have seen our long standing Games grow in participation, and moreover we have seen a sustained number of our workforce continuing with physical activity as a result of these events.”*



## DEPARTMENT FOR EDUCATION INITIATIVE

### Injecting funding to boost sustainable leadership and volunteering

#### OUTCOMES:

#### Skills for Life Developed and Wellbeing Improved

During 2017/18 Sport England channelled Department for Education funding into MSP in order to leverage the School Games as a vehicle recruit, train and deploy volunteers in leadership and coaching roles, as well as boosting the workforce available to support the initiative. The aim was to create a springboard from which to develop the coaches and leaders of the future, by providing a positive, rich and inspirational experience.

MSP was delighted to oversee this initiative for the LCR as part of our wider work to develop the sport and physical activity workforce, which includes engaging volunteers of all ages. Our approach was to work with 3 trusted partners who were set to deliver sports competitions within the School Games – namely Liverpool Futsal Club, British Dodgeball and the RFU, to identify, train and mentor suitable candidates. We also developed a pre and post-engagement tool to track not only individual progression, but also onward aspiration and intention.

#### Results of the collaboration were:

- 33 volunteers successfully recruited and deployed (exceeded target of 30)
- a minimum of 12 hours support of the School Games in Merseyside provided per volunteer.
- 75% of the volunteers aged 16-25 (met target)
- 50% female volunteers (met target)
- 15% BAME volunteers (met target)

#### The pre and post survey comparison highlighted that as a result of the initiative:

- 40% were likely to volunteer again
- 43% felt their volunteer work had made a lot of impact, whilst 57% believed it would have made some impact
- 57% strongly agreed that transferable skills can be developed through volunteering
- based on 6 questions monitoring self-efficacy 50% noted an increase in their self-efficacy over the duration of the project
- when asked to rate how enjoyable they found their volunteering experience on a scale of 1-10 70% scored either an 8, 9 or 10

#### The case study of one individual, 16 year-old Jamie, also highlighted the success of the initiative:

Discussions between MSP and Liverpool Futsal club led to the development of a plan outlining how volunteers could be recruited and deployed to support schools to participate in futsal and to compete locally both at Level 2 and Level 3 School Games competitions.

One active player at the club, Jamie, with volunteer hours already under his belt in relation to his Duke of Edinburgh award, had decided he would like to carry on volunteering as a result of the support and encouragement he received from the club's Head Coach, Joe Ryan.

In return for the commitment and dedication which he has already shown towards the club it utilised some of the funding received from this project to support Jamie complete three development awards. Jamie's pride in his achievements is clear to see in a video made to document his experiences as he talks about the two referee badges and FA Level One in Coaching Futsal which he has gained.

As a qualified referee, Jamie's experience was invaluable in enabling the club to run the futsal competition at the Level 3 School Games final in July where 110 children participated. Jamie also continues to be valuable asset to the club where he now has regular coaching responsibilities.

## QUEST ACCREDITATION SUCCESS

Quest is the leisure industry's primary recognised quality assurance tool for sports development and physical activity and is designed to measure how effective organisations are at providing a high-quality service. Quest is supported by Sport England and all the Home Country Sports Councils, CIMPSA, CLOA, SPORTA and ukactive who all sit on the Quest Board and oversee its design and development.

Following discussions between Sport England and Active Partnerships national team, plus consultation with the sector, a new, refreshed, customised model for Active Partnerships was developed as part of the Performance Management and Improvement Framework which we work to.

MSP underwent the self-assessment process involving the entire team and the Advisory Board for the first time in 2018/19. **We're delighted to be able to say that the submission, which was reviewed by an independent assessor, saw MSP rated as as 'Very Good' under the Quest accreditation scheme in January 2019.**

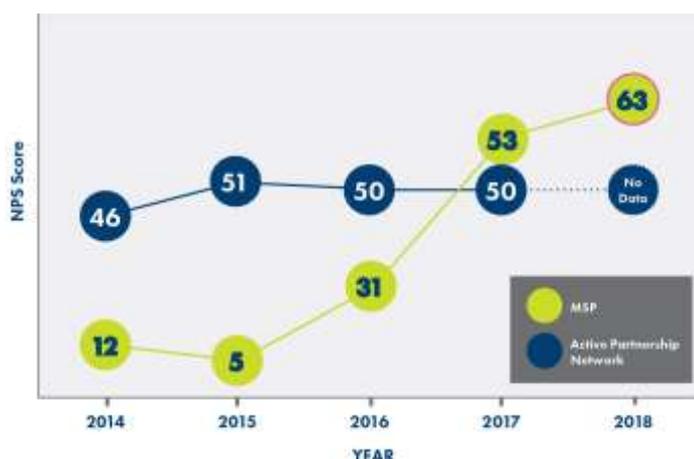
The accreditation underlines MSP's robustness as an organisation for those who already know and work with us, whilst providing surety for potential new partners looking to engage with us for the first time. It also provides the organisation with standards to live up to and identifies areas for growth, offering a useful baseline for 2019/20.

## PARTNER SATISFACTION SURVEY HIGHLIGHTS

Our annual Partner Satisfaction survey is a key reflection and improvement tool for the organisation, when planning for the year ahead. It also gives us an ideal opportunity to hear what our partners feel have been the real successes from their perspective.

**Key take-outs from the 12-month survey which closed in July 2019 have included:**

- **Net Promoter Score® of 63** (up from 57 in the 2017) or with NPS® scores of above 50 being widely regarded as 'excellent'
- **Year-on-year improvements** across all comparable Customer Satisfaction (CSAT) metrics, where respondents have rated their experiences of our services as either 'Very satisfied' (from 2017/18) or 'Delighted' (for 2018/19)
- **70%** delighted with the value MSP adds to their work
- **73%** delighted with MSP's quality of support and advice
- **75%** delighted MSP's professionalism and helpfulness



**When asked about recommendation and value creation some of the standout comments included:**

*"I consider MSP a strong local partner who can play a key role in joining people together"*  
– charity third sector organisation

*"Without MSP we wouldn't have been able to develop what we have now"* – sports club

*"...brilliant in being a guru to us for Active Workplaces"*  
– local employer

# MSP ADMINISTRATION, STRUCTURE, GOVERNANCE & MANAGEMENT

## REFERENCE AND ADMINISTRATIVE DETAILS

### Accountable Body

Liverpool City Council  
Cunard Building  
Water Street  
L3 1DS

### Principal Address

Unit 1 Dakota Business Park  
Skyhawk Avenue  
Liverpool  
L19 2AR

### Independent Examiner

Ip's Associates Limited  
Oscar Ip & Co. Chartered Accountant  
3rd Floor, Trident House  
31-33 Dale Street  
Liverpool  
L2 2HF

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

As an unincorporated body, MSP requires an accountable body to act on its behalf – this is Liverpool City Council (LCC), known as the Host Authority, who is responsible for financial compliance, human resources and risk management. MSPAB delegates these functions to the Compliance, Scrutiny and Nominations Group (CSNG) to ensure processes and procedures of the Host Authority are adhered to. The Host Authority is responsible for: -

- Overall financial accountability for the receipt of any funding awards in accordance with the terms and conditions of that award
- Policies and procedures to govern human resources, finance and risk management

### Risk Management

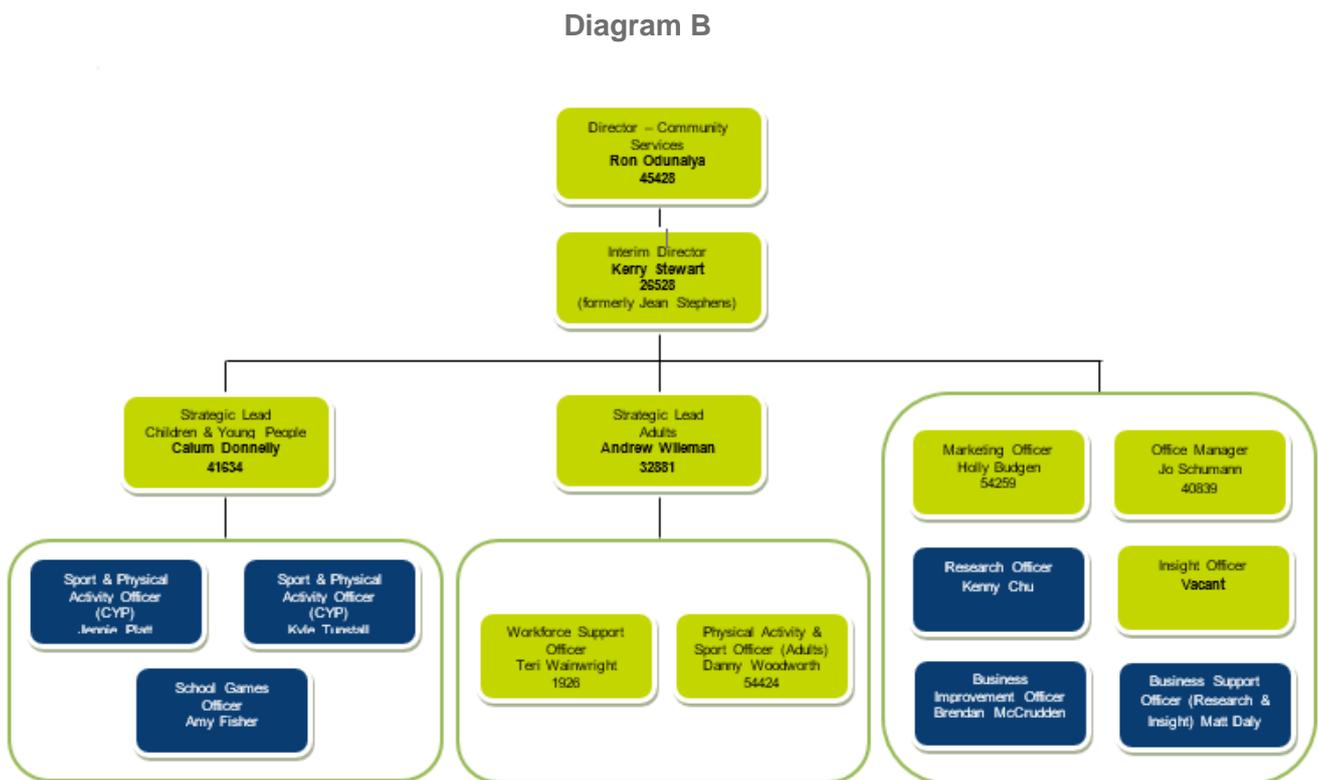
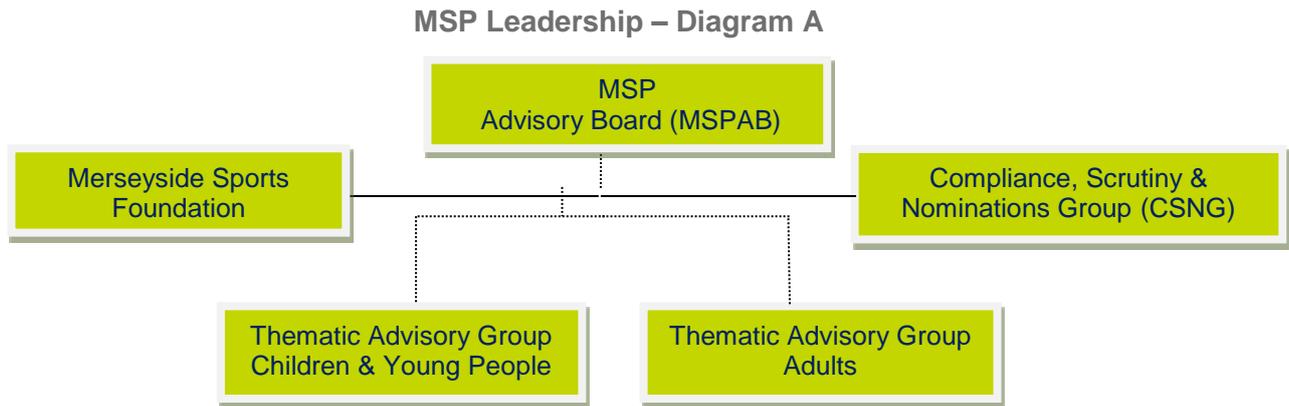
The CSNG have a duty to identify and review the risks to which the organisation is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

### MSPAB

MSP is led by a strong, strategic leadership board – which sets the direction of travel for the organisation in terms of strategy, performance, improvement and mentoring. It will function as the ultimate decision-making body. MSPAB is supported by two thematic advisory groups as a vehicle for engagement and communication.

MSP works closely with Merseyside Sports Foundation, which is a registered charity. The Foundation has its own board of trustees and has independent services for finance, human resource, risk management and insurance, underpinned by a memorandum and articles of association.

The leadership 'Diagram A', sets out the relationship between the groups, of which the purpose, principles, roles, responsibilities and accountabilities can be found within MSP's Governance Framework 2017 – 2022.



**MSP, in partnership with Merseyside Sports Foundation, employ a team of professionals as illustrated in Diagram B, who provide:-**

- Effective leadership, championing the benefits of sport, physical activity and healthier lifestyles
- Influencing national policy and local agencies to bring in investment
- Bringing the most appropriate people/organisations together for the wider benefits of the Liverpool City Region (LCR)
- Strategic planning, coordinated programmes, projects and events
- Data, research and insight to inform decision making
- Social impact and social value evidence
- Relationship managers offering business, bid writing and sporting advice
- Social marketing campaigns to inspire our residents to be active
- Products and services that generate greater value to the customer

## Notes

1. BOLD denotes Senior Leadership Team
2. Posts highlighted in GREEN are employed through Liverpool City Council (The Host)
3. Posts highlighted in BLUE are employed through MSP's Foundation, with agreed service level agreements
4. To note – James Segnan left the organisation in January 2019
5. To note – Jean Stephens left the organisation in January 2019

## Strategic Context

MSP's work ensures

- Lives are enriched
- Wellbeing is improved
- Skills for life are developed
- The economy is enhanced
- Communities and networks are strengthened

## Our Objectives

1. To contribute to increasing and sustaining sport and physical activity to change behaviour linked to Chief Medical Officer Guideline (CMO)
2. To create opportunities to mobilise the workforce and access to the right place
3. To improve the sphere of influence for physical activity and sport
4. To raise the value placed on sport and physical activity
5. To remain a high performing and efficient organisation

## Financial Review

### Reserves Policy

MSPAB conducts an annual review of the level of unrestricted reserves in the general fund by considering risks associated with the various income streams, expenditure plans and balance sheet items. This enables an estimate to be made of the level of reserves that are sufficient:

- to allow time for re-organisation in the event of a downturn in income or asset values, which is currently set at 3months operating costs
- to protect ongoing work programmes
- to allow MSP and its Foundation to meet its objectives

This figures for 2019/20 stands at £95,454.

### Investment Policy and Objectives

MSPAB's investment objective is to maximise long-term total return.

Approved by order of MSPAB on 18<sup>th</sup> July 2019 and signed on its behalf by:

Signed



Cameron Jones  
Chair, MSP Advisory Board

## INDEPENDENT EXAMINER'S REPORT TO MSPAB OF MSP

I report on the accounts for the year ended 31 March 2019.

### Independent Examiner's Report to MSPAB

I report to MSPAB on my examination of the accounts of MSP for the year ended 31 March 2019.

### Responsibilities and Basis of Report

As BMs you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of MSP's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent Examiner's Statement

Since your organisation's gross income exceeded £250,000, your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

Having completed my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of MSP as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Oscar Ip  
Institute of Chartered Accountants in England & Wales  
Ip's Associates Limited  
Oscar Ip & Co. Chartered Accountant  
3rd Floor, Trident House  
31-33 Dale Street  
Liverpool  
L2 2HF

Date: 9<sup>th</sup> August 2019

MSP

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2019**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME RESOURCES</b>				
Generated funds	2	<u>54,303</u>	<u>943,625</u>	<u>997,928</u>
<b>Total</b>		54,303	943,625	997,928
<b>RESOURCES EXPENDED</b>				
Other resources expended		<u>-</u>	<u>753,855</u>	<u>753,855</u>
<b>NET INCOME</b>		<u>54,303</u>	<u>189,770</u>	<u>244,073</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>54,303</u>	<u>189,770</u>	<u>244,073</u>

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.

MSP

**BALANCE SHEET  
AT 31 MARCH 2019**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>CURRENT ASSETS</b>				
Cash at bank		<u>54,303</u>	<u>189,770</u>	<u>244,073</u>
<b>NET CURRENT ASSETS</b>		<u>54,303</u>	<u>189,770</u>	<u>244,073</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		54,303	189,770	244,073
		_____	_____	_____
<b>NET ASSETS</b>		<u>54,303</u>	<u>189,770</u>	<u>244,073</u>
<b>FUNDS</b>	5			
Unrestricted funds				54,303
Restricted funds				<u>189,770</u>
<b>TOTAL FUNDS</b>				<u>244,073</u>

The financial statements were approved by MSPAB on 18<sup>th</sup> July 2019 and were signed on its behalf by:



Cameron Jones  
Chair, MSP Advisory Board

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

### 1. ACCOUNTING POLICIES

#### Accounting Convention

MSP comes under the auspices of LCC and is governed by and adheres to LCC Financial Regulations and Standing Order processes. Detailed information can be found in MSP's Governance Framework 2017 – 2022.

#### Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the organisation is legally entitled to the income and the amount can be quantified with reasonable accuracy.

#### Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### VAT

The organisation is exempt from VAT due to being hosted by LCC.

#### Fund Accounting

Unrestricted funds can be used in accordance with the organisation's objectives at the discretion of MSPAB.

#### Reserves Policy

MSPAB aims to maintain a restricted reserves figure of 3 months operating costs each year. This figure is **£95,494** per annum, at the end of 2018, MSP's figure was **£95,494**.

Restricted funds can only be used for particular restricted purposes within the objects of the organisation. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### 2. ACTIVITIES FOR GENERATING FUNDS

	£
Miscellaneous income	28,398
Restricted re-profile	77,141
Unrestricted re-profile	5,533
Reserves	154,755
Sport England – Lottery	728,398
Unbudgeted income	3,703
	-----
	<u>997,928</u>

Sport England Lottery Funding can be broken down as follows:-

Satellite Clubs	£179,689
Core	£350,800
Coaching	£40,000
DofE	£8,000
L3 School Games	£45,000
Primary School Support	£58,761
Active Lives	£11,050
Daily Mile	£35,098
<b>Total</b>	<b>£728,398</b>

MSPAB in line with its Reserves Policy has chosen to designate £95,494 towards three months operating costs which are currently held within the general fund.

### 3. DEBTORS AND CREDITORS

There are no amounts that fall within this financial year.

### 4. MSPAB's' REMUNERATION AND BENEFITS

There were no BM remuneration or other benefits for the year ended 31 March 2019.

#### **BM expenses**

There were no BM expenses paid for the year ended 31 March 2019.

### 5. MOVEMENT IN FUNDS

	At 01.04.2019 £	At 31.03.2018 £
<b>Unrestricted funds</b>		
General fund	54,303	168,277
<b>Restricted funds</b>	189,770	69,153
	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>244,073</u>	<u>237,430</u>

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

### 5. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

<b>Funds</b>	Incoming resources £	Resources expended £	Movement in funds £
General fund	997,928	(734,746)	244,073
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>997,928</u>	<u>(753,855)</u>	<u>244,073</u>

**MSP**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2019**

£

**INCOMING RESOURCES**

**Activities for generating funds**

Miscellaneous income	28,398
Restricted re-profile	77,141
Unrestricted re-profile	5,533
Reserves	154,755
Sport England - Lottery	728,398
Unbudgeted income	<u>3,703</u>
	<u>997,928</u>
<b>Total incoming resources</b>	997,928

**RESOURCES EXPENDED**

**Support costs**

Supplies	8,424
Services	319,631
Department re-charge	10,880
Employees / Office / Utilities	409,833
Transport	<u>5,087</u>
	<u>753,855</u>
<b>Total resources expended</b>	753,855

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<b>Net income</b>	<u><u>244,073</u></u>
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This page does not form part of the statutory financial statements

R:\MSP Budgets\Annual Financial Report

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