






AN OUTCOMES BASED APPROACH

THE OUTCOMES		THE TOOLS	THE IMPACTS	THE 'SO WHAT'
1	LIVES ENRICHED 	Sport England MOVES tool	No of cases of disease avoided Quality Adjusted Life Years Disability Adjusted Life Years	Enriched... physical & mental health
2	WELLBEING IMPROVED 	Short Warwick Mental Wellbeing Scale (SWEMWBS)	% change in mental wellbeing	Improved... happiness, self-esteem & enjoyment
		Stirling Children's Wellbeing Scale (SCWBS)	% change in emotional & psychological wellbeing	
3	SKILLS FOR LIFE DEVELOPED 	General Self-Efficacy Scale (GSE-6)	% change in optimistic self-belief	Enhanced... skills, self-belief & confidence
4	COMMUNITIES & NETWORKS STRENGTHENED 	Qualitative analysis (i.e. Focus groups etc)	Improved perception of and interaction between local communities	More... cohesive networks & communities
5	ECONOMY ENHANCED 	Monies invested, costs avoided & costs saved	Value created	Enables... greater investment