



ACTIVE LIVES SURVEY

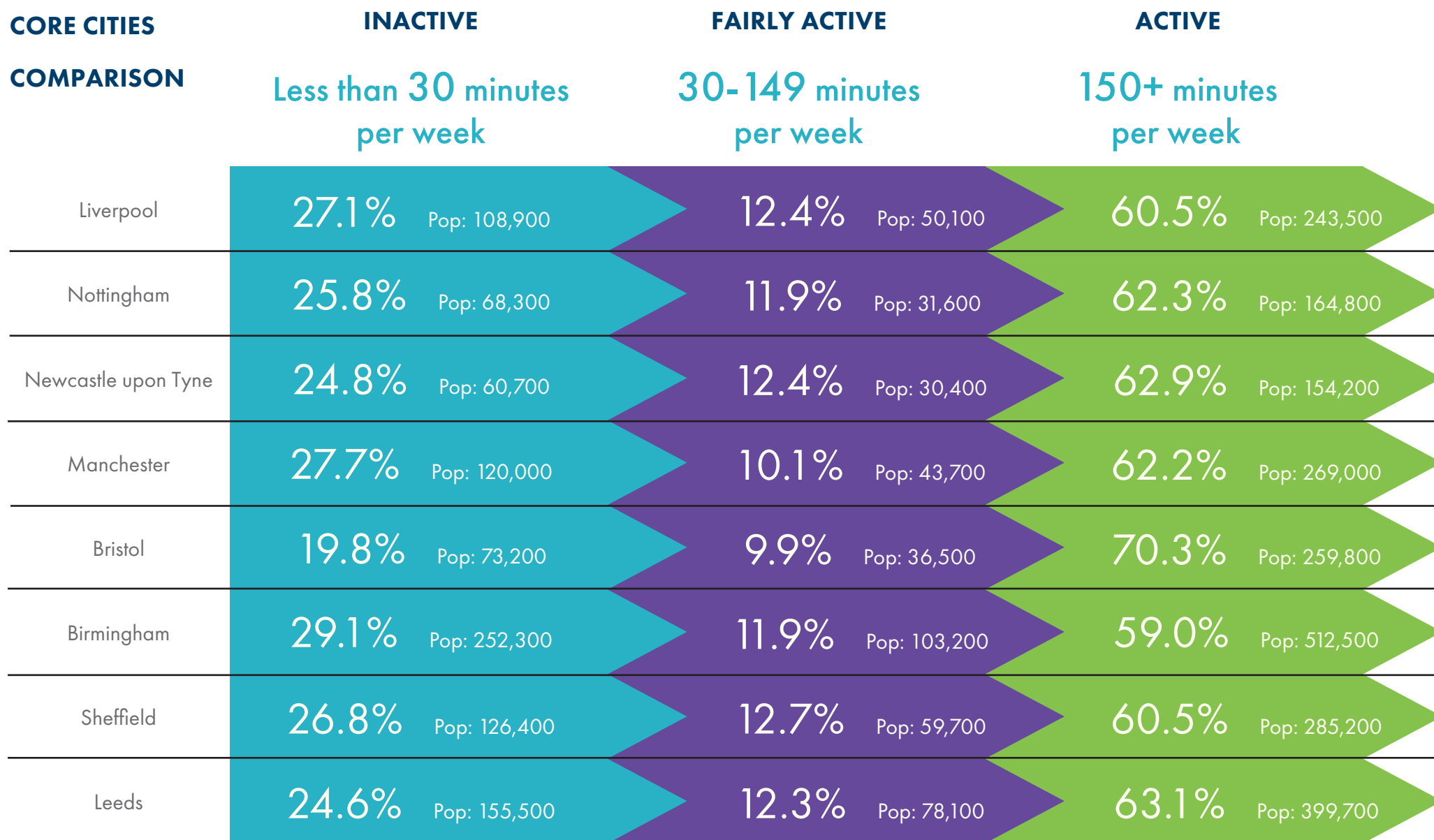
YEAR 2 - NOVEMBER 16/17 REPORT

MARCH 2018 DATA RELEASE

CONTENTS:

1. [Core Cities Comparison](#)
2. [Merseyside and Neighbouring CSP's](#)
3. [Liverpool](#)
4. [Sefton](#)
5. [Wirral](#)
6. [St. Helens](#)
7. [Knowsley](#)
8. [Halton](#)
9. [Document Sources and Notes](#)

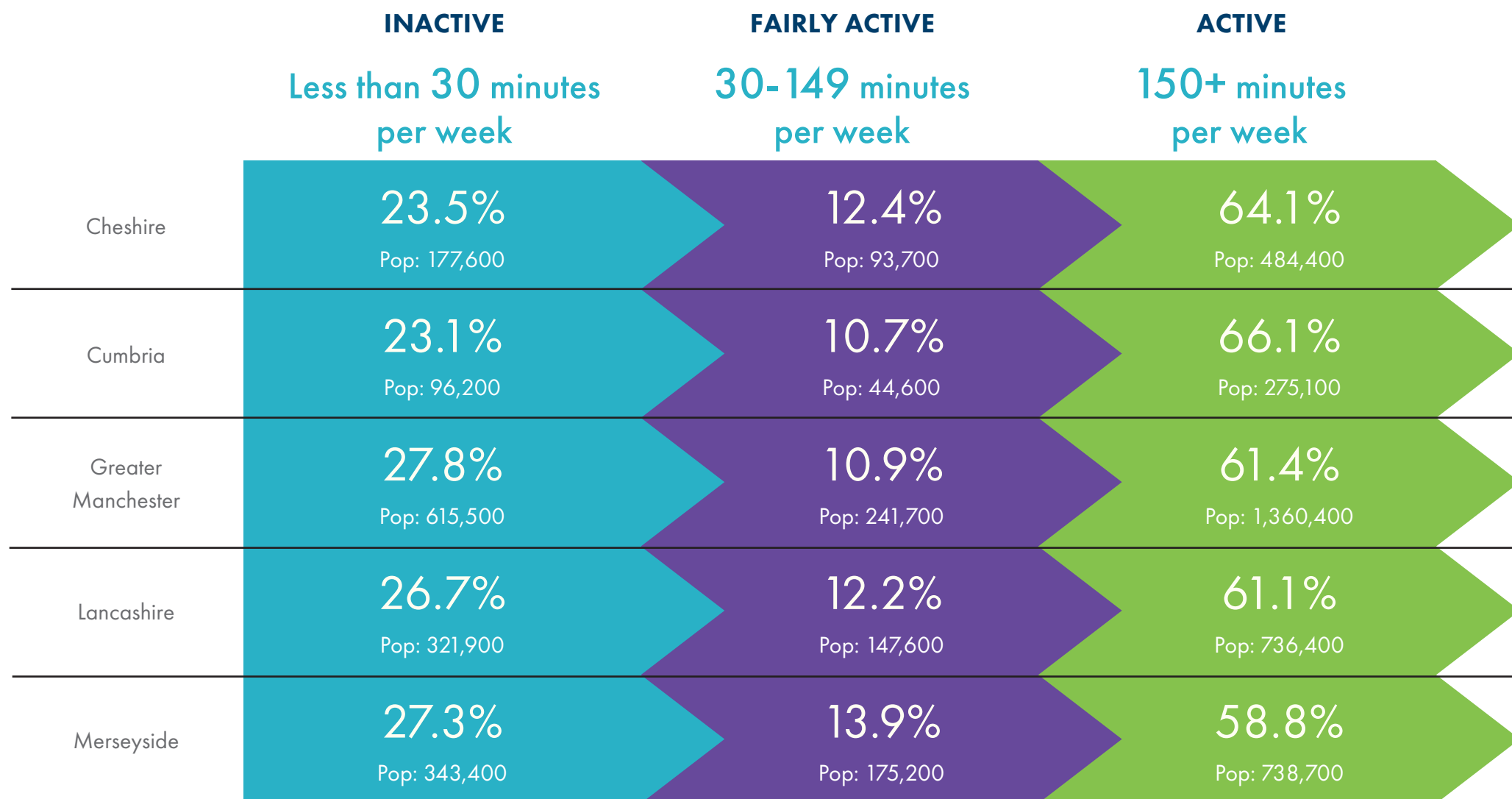
ACTIVE LIVES SURVEY



N.B: All data is from the Active Lives Report and data associated and linked within the report

ACTIVE LIVES SURVEY

MERSEYSIDE AND NEAREST CSP'S

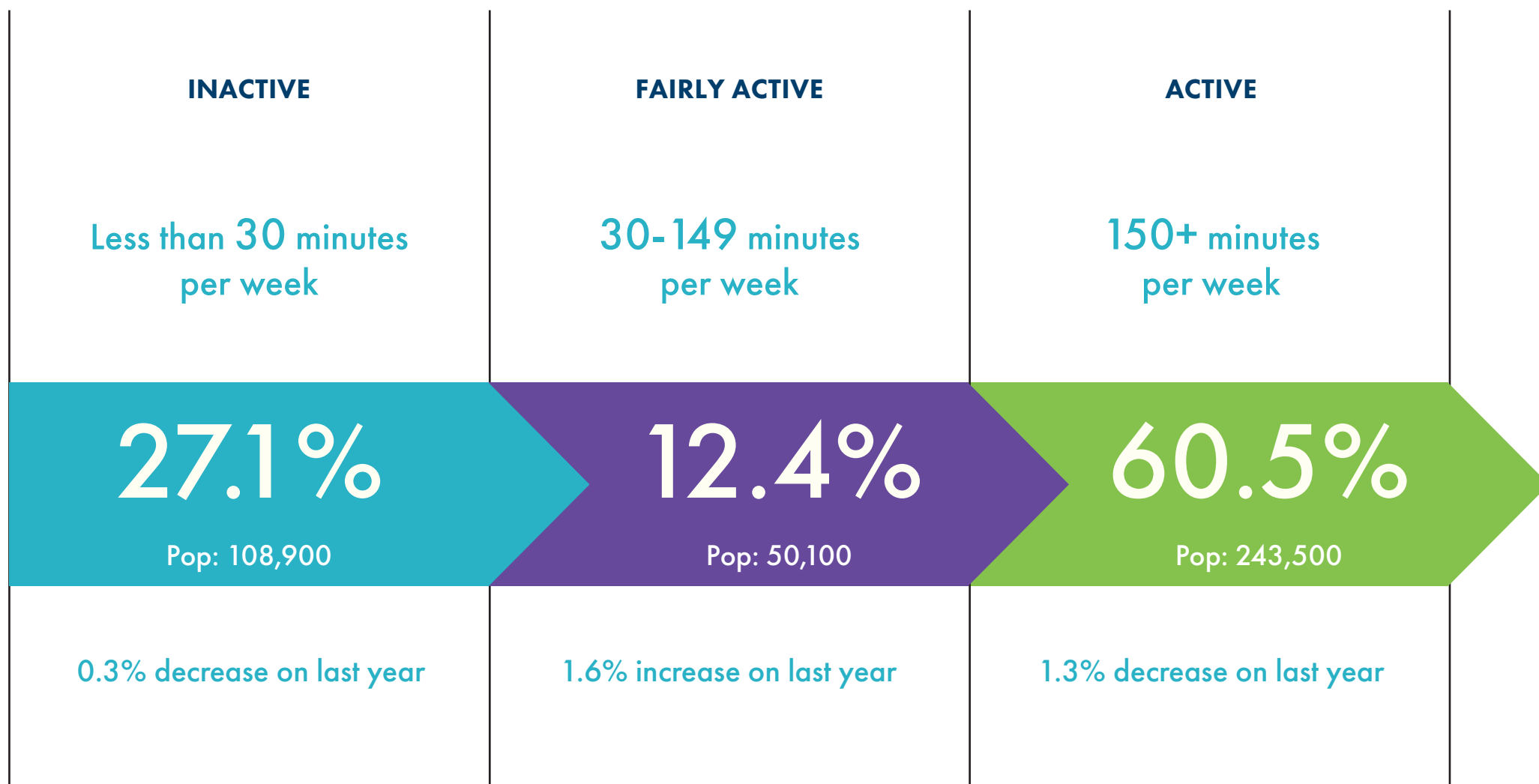


N.B: All data is from the Active Lives Report and data associated and linked within the report

LIVERPOOL

Survey Sample Size: 1,986

Active Lives Survey - Nov 16/17

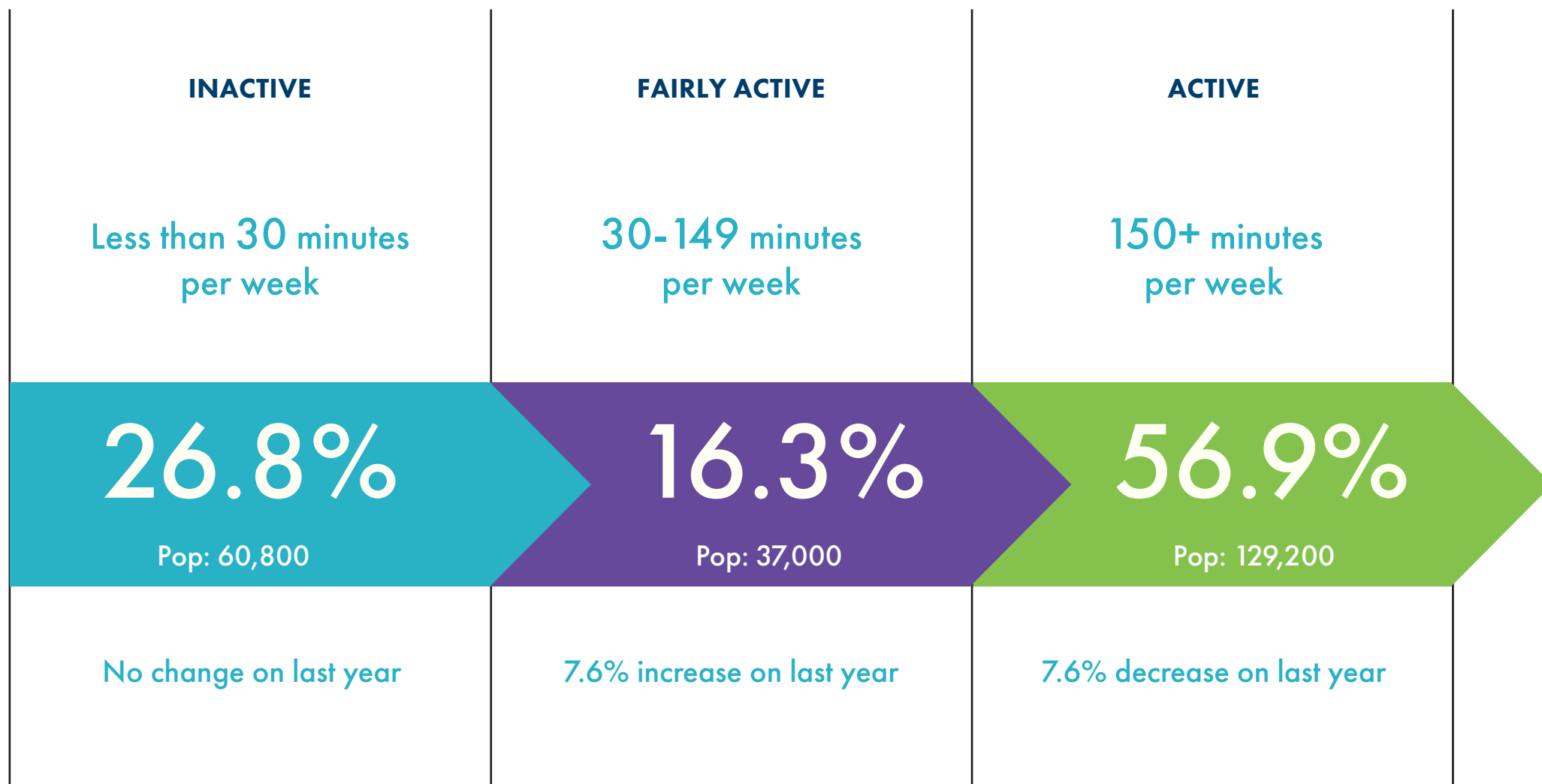


N.B: All data is from the Active Lives Report and data associated and linked within the report

SEFTON

Survey Sample Size: 499

Active Lives Survey - Nov 16/17

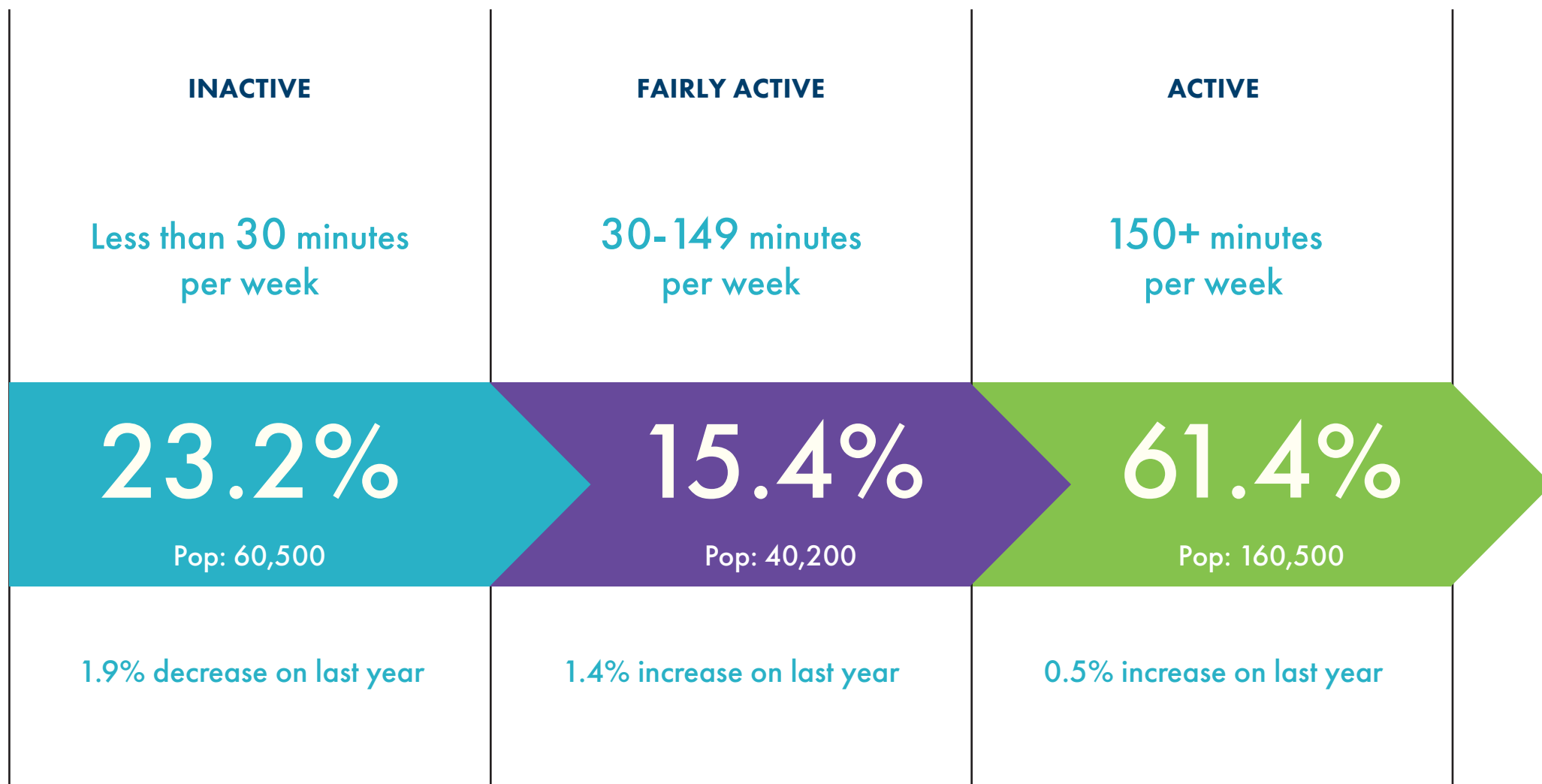


N.B: All data is from the Active Lives Report and data associated and linked within the report

WIRRAL

Survey Sample Size: 507

Active Lives Survey - Nov 16/17

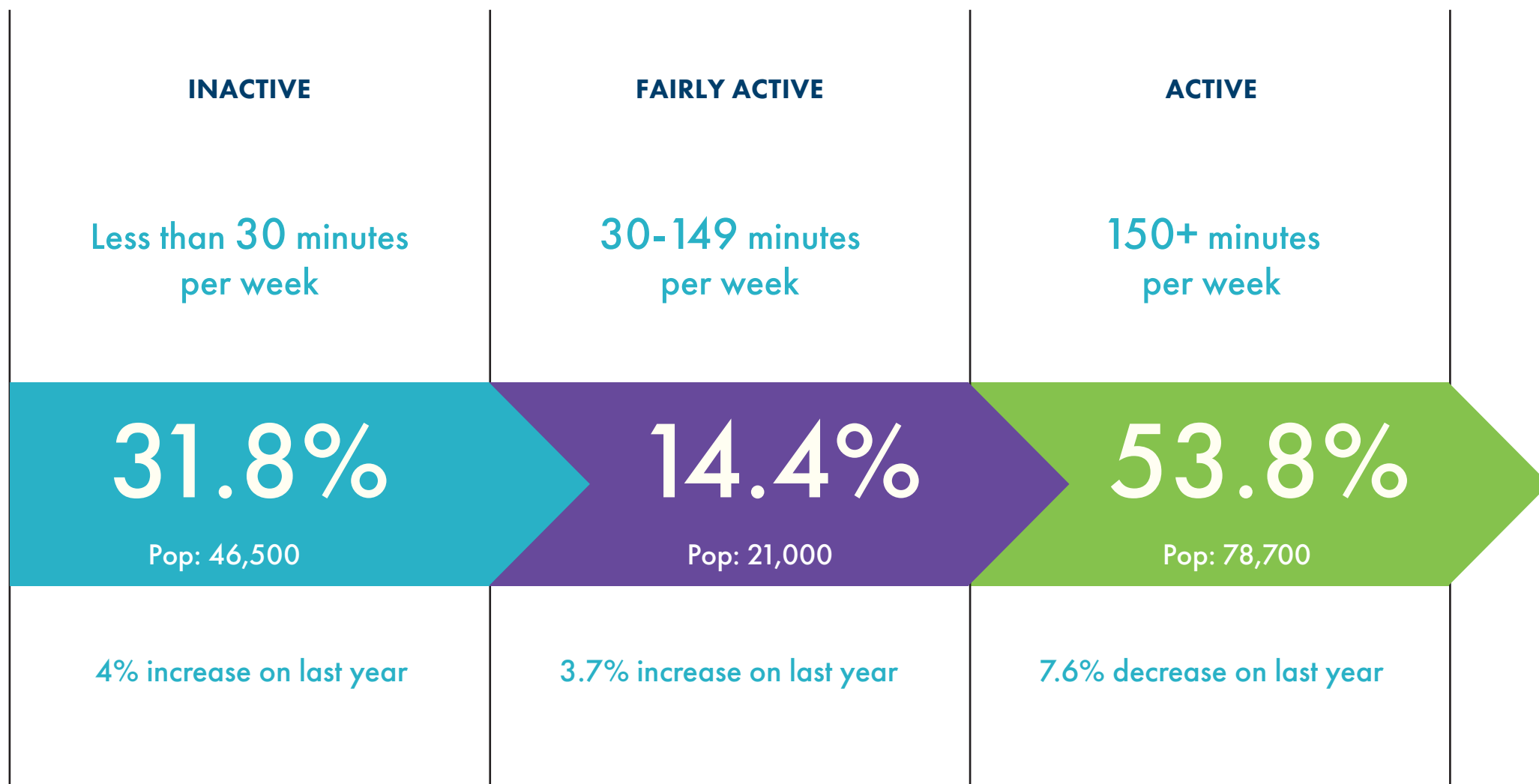


N.B: All data is from the Active Lives Report and data associated and linked within the report

ST. HELENS

Survey Sample Size: 497

Active Lives Survey - Nov 16/17

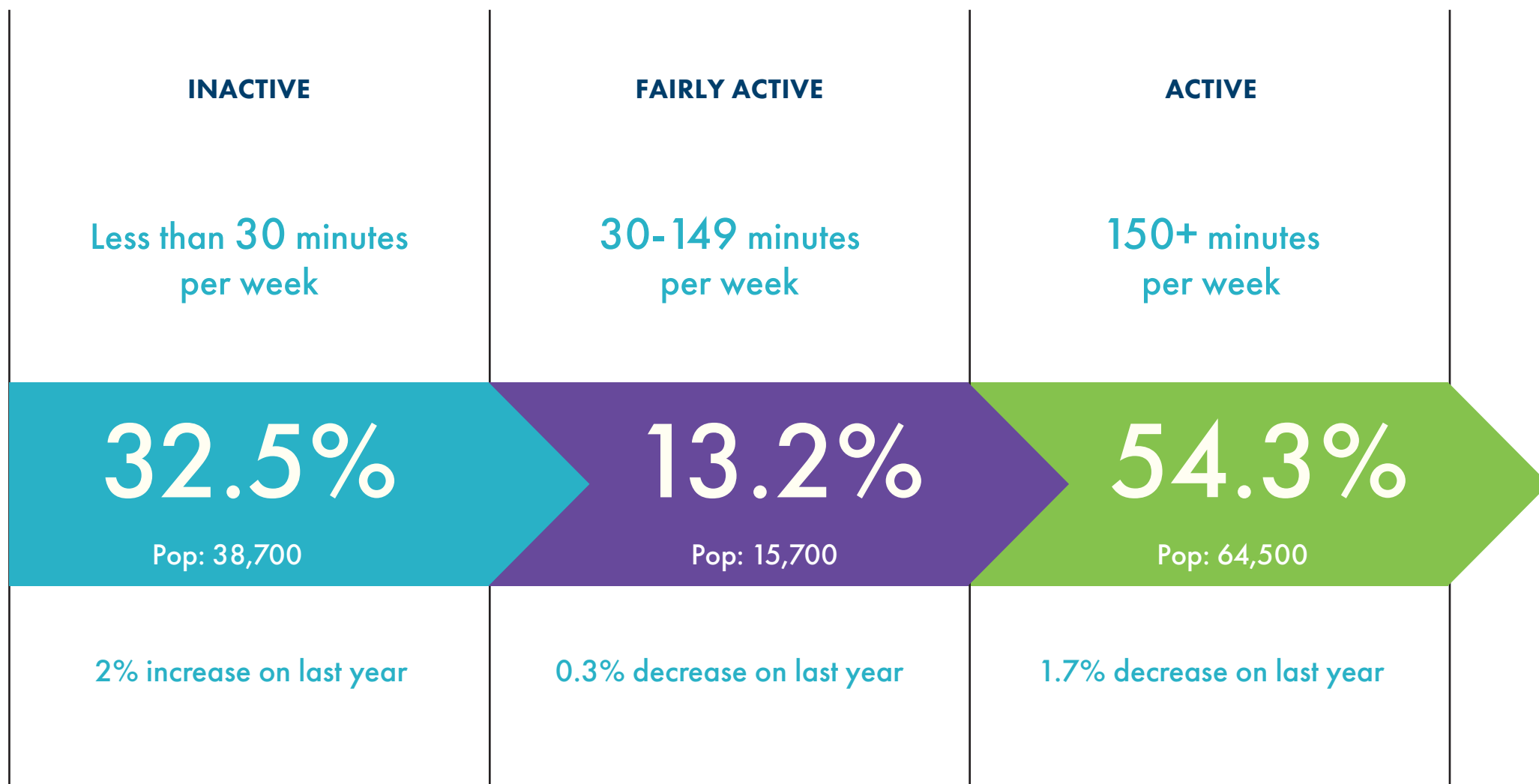


N.B: All data is from the Active Lives Report and data associated and linked within the report

KNOWSLEY

Survey Sample Size: 497

Active Lives Survey - Nov 16/17

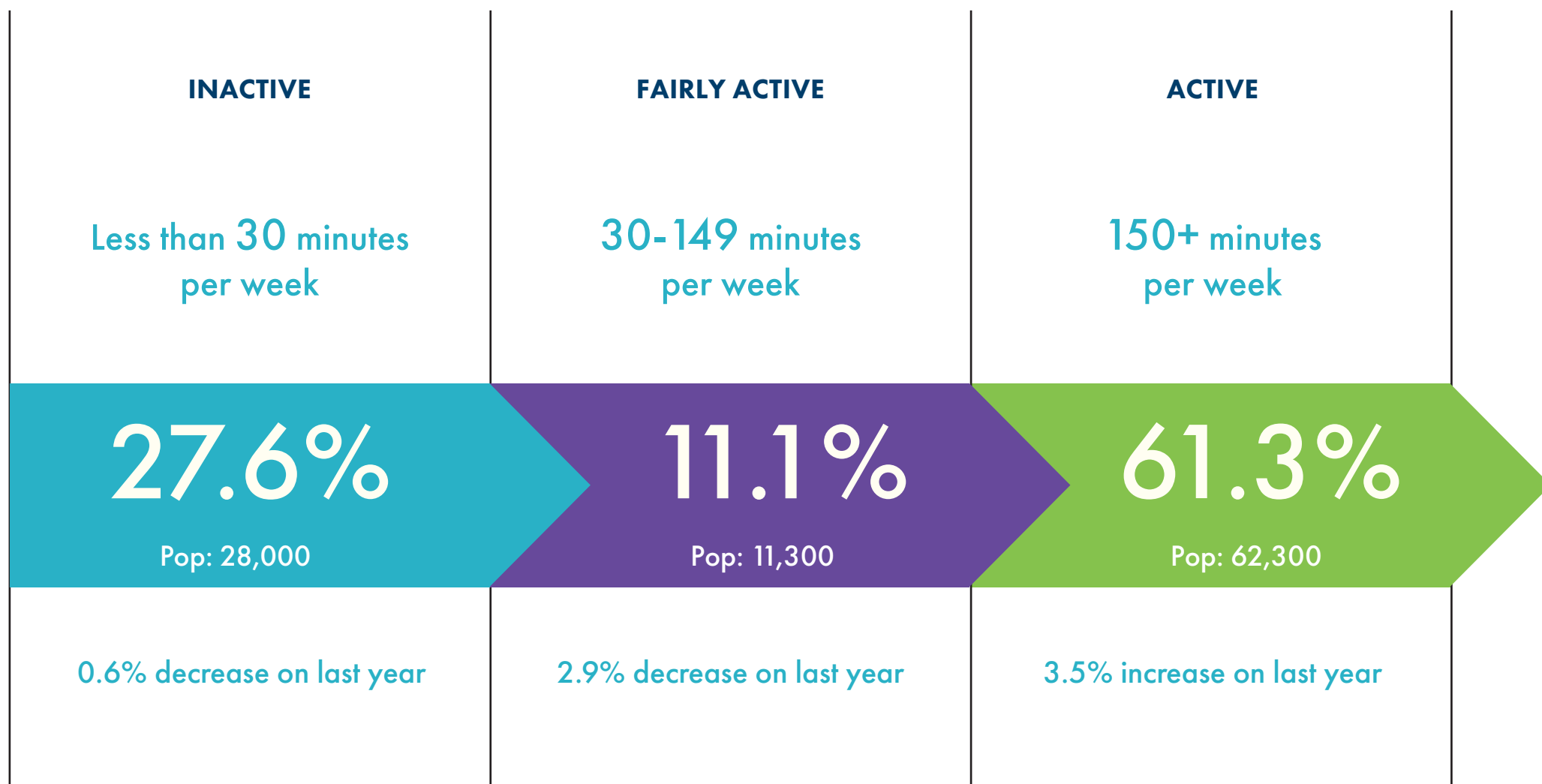


N.B: All data is from the Active Lives Report and data associated and linked within the report

HALTON

Survey Sample Size: 480

Active Lives Survey - Nov 16/17



N.B: All data is from the Active Lives Report and data associated and linked within the report

DOCUMENT SOURCES

[Active Lives Survey Nov 16/17 Report \(PDF\)](#)

[Data Tables \(Excel\)](#)

NOTES

Population totals are estimated values and have been calculated using ONS mid-2016 estimates. Confidence intervals also apply to these. More details can be found in the Nov 16/17 Technical notes.

Activity minutes per week are determined by Moderate Activity and Vigorous Activity.

Moderate Activity is defined as activity where you raise your heart rate and feel a little out of breath.

Vigorous Activity is defined as activity where you are breathing hard and fast and your heart rate has increased significantly.