



STAFF CONSULTATION AND REPORT

Discover how your staff would like to be more active at work; establishing a baseline and case for change

Ensure that your employees have a chance to have their say by engaging them in a consultation process led by MSP, using the insight to inform strategic direction.

We will design an online survey for your organisation to tease out how active employees currently are and what opportunities they would like to see at work. MSP will also analyse all of the results, and report back to you a set of recommendations to implement.

You have the option to receive a:

- 'Lite' report - presenting the key headlines and recommendations to implement
- 'Full' report - presenting a detailed breakdown of demand for physical activity, also segmenting results by employee demographics and job role

EMPLOYER BENEFITS

- ✓ Provides a clear rationale and evidence base to invest in staff physical activity initiatives
- ✓ Bespoke the survey to your organisation e.g. split results by site
- ✓ Provides a baseline to benchmark outcomes to show a return on investment
- ✓ Quick to implement - send around the survey link to staff and MSP will do the rest!

Please see overleaf for a full breakdown of what information that you will receive through the 'lite' and 'full' reports.

“The insight gained from this consultation has been invaluable to develop our Workforce Health Needs Assessment - it provided us with clear statistics on what and how we need to improve, plus lots of useful recommendations that we are looking to implement, which will form part of our wider organisational people strategy. The process was quick and straightforward, with MSP leading on the tasks to make our job easier.”

Ben Towell, Health and Wellbeing Coordinator at Mersey Care NHS Foundation Trust

The table below indicates the extra insight gained from purchasing the ‘full’ report:

WHAT INSIGHT WILL WE GAIN FROM THE REPORT?	‘Lite’ report	‘Full’ report
Customisable survey (e.g. add extra questions)		✓
Report depth (number of pages)	2	14
Return on investment projections	✓	✓
Demographic and job role data		✓
Staff physical activity and sedentary behaviour levels	✓	✓
Staff physical activity levels segmentation		✓
Active Travel levels	✓	✓
Motivators and barriers to participation		✓
Current and latent demand for physical activity and sport	✓	✓
Latent demand split down by demographics/job role		✓
Logistics for organising activities e.g. when, where, how much		✓
Requested opportunities in the workplace	✓	✓
Wider workplace health and wellbeing statistics (including mental health, stress, healthy eating and drinking)		✓
Recommendations to implement	✓	✓

COSTS

MSP will undertake the online consultation process and produce the ‘lite’ report free of charge for any organisation looking to use physical activity as a tool to improve staff health and wellbeing.

To upgrade to receiving a copy of the ‘full’ report, which is bespoke to your organisation, will cost from £199. MSP are also able to facilitate focus group sessions with employees to further obtain information to inform future plans at an additional cost.

FIND OUT MORE

Contact MSP’s Active Workplaces team on 0151 728 1811 or email activeworkplaces@merseysidesport.com